## A DAY IN THE LIFE OF VALORA

## SUNDAY

7:30 AM	waking up
8:00 AM	taking a shower
8:30 AM	going for breakfast at the local bakery
9:30 AM	having breakfast with her husband
10:30 AM	cleaning the entire house
12:00 PM	preparing lunch
12:45 PM	welcoming her grandchildren and children
13:00 PM	eating lunch together
14:00 PM	taking care of her garden with her grandchildren
16:00 PM	playing fun games with her family
17:30 PM	preparing diner
18:30 PM	eating diner together
19:30 PM	saying goodbye to her family
20:00 PM	reading the news online and chatting with her family and friends
20:45 PM	watching tv with her husband
22:00 PM	preparing for bed
22:30 PM	falling asleep